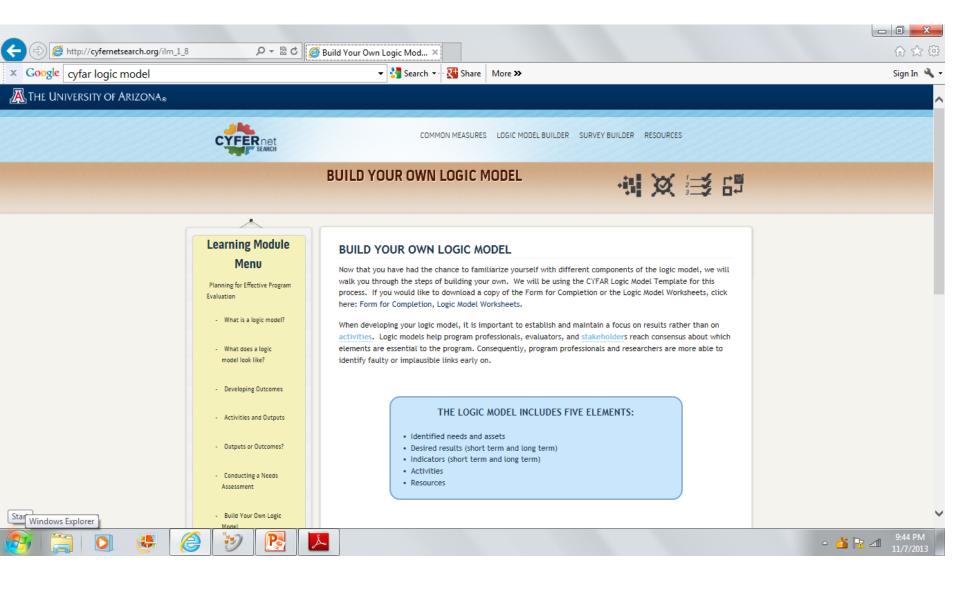
OHIO STATE UNIVERSITY EXTENSION

Family and Consumer Sciences Using Logic Models to Build

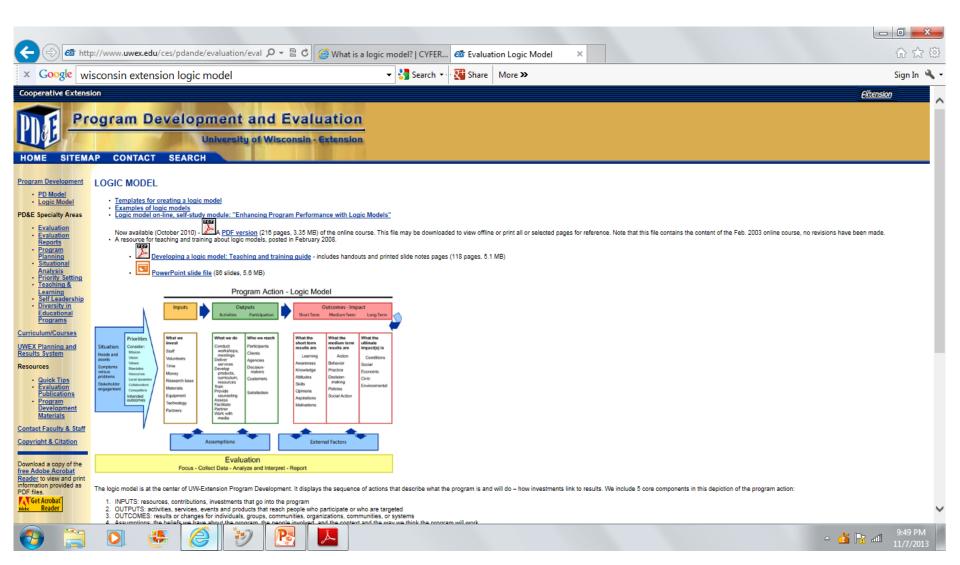
Better Lives, Stronger Communities



http://cyfernetsearch.org/ilm_1_8



http://www.uwex.edu/ces/pdande/evaluation/evallogicmodel.html















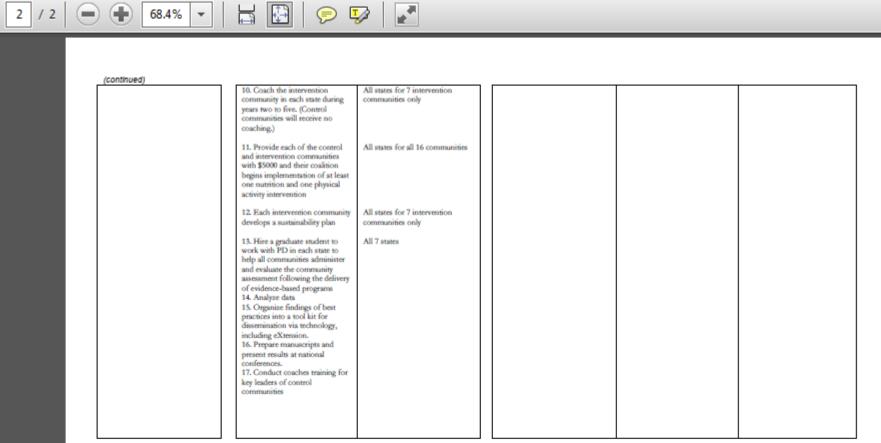




Program: Mobilizing Rural Low Income Communities to Assess and Improve the Ecological Environment to Prevent Childhood Obesity

Situation: Communities and families are increasingly concerned about the weight and health of their children. Obesity prevention has not been successful using traditional educational approaches. More promising approaches would take into account the larger community in which the child lives. A coordinated community approach to obesity intervention is often the missing component necessary to support and sustaing lifestyle changes that influence childhood obesity.

It-	Outputs		Ц	Outcomes Impact			
Inputs	Activities	Participation	D)	Short	Medium	Long	
AfRI funding	1.Hire program coordinator for	All 7 states	П	All Community	All Community		
	multi-state project.		ı	Coalitions will:	Coalitions will:		
Research and/or Extension	2 Create a multi-state team of Research/and or Extension		ı				
Paculty time and expertise in nutrition, children and weight,	specialists to oversee the		ı	Become aware of environmental	Assess their community for		
physical activity, youth and family	identification or development of		ı	factors impacting food choices	environmental factors that impact		
development, community	a Child Ecological Model		ı	and physical activity of 4-year olds	food choices and physical activity		
development, coaching and	Community Assessment tool kit.		ı	in their community by using the	of 4-year olds.		
program evaluation from 7 states	3. Hire a graduate student to		ı	Child Ecological Model			
of the North Central Region.	work with co-PD in each state to		ı	Assessment Tool Kit.			
	help communities administer and		ı				
Expertise in working with limited	evaluate the community		ı				
resource families with young	assessment prior to delivery of		ı	Control Community	Control Community		
children in nutrition and physical	evidence-based programs.		1	Coalitions will:	Coalitions will:	Within a generation,	
activity programming.	 Develop/adapt a community assessment tool package and pilot 		ı			Within a generation,	
Expertise of community-based	test it.		ı	Gain knowledge of strategies to	Create and implement a strategic		
faculty/staff in coalition-building	5. Identify evidence-based or		ı	change the local environment in	plan to improve the environment, to include at least one nutrition		
and building local trust-based	evidence-informed approaches		ı	support of improved food and physical activity choices for 4-year	and one physical activity strategy	Environmental and social	
relationships.	for improved nutrition and		ı	olds.	from the menu of evidence-based	changes will support healthy	
	physical activity for 4-year olds		ı	Orda.	or evidence-informed approaches.	food and activity for low income 4-year olds in rural communities;	
Evidence-based programs to	and provide as a "menu" for		ı		or endines and approximate	4-year olds in rural communities;	
improve food choices and	community change		ı			Children exhibit healthy	
physical activity of 4 year old	Identify two rural, low-income		ı	Intervention Community	Intervention Community	behaviors that carry into	
children	communities in each state (one		ı	Coalitions will:	Coalitions will:	adulthood;	
Evidence-based practices in	control and one intervention for a total of 14) to participate in this		ı				
Collaboration Coaching training	project		ı	Become aware of the support that	Work with a community coach to	Rate of child obesity will	
for faculty and staff.	7. Identify community coalition		ı	a community coach can provide;	create and implement a strategic	decline.	
	in each community.		ı		plan to improve the environment,		
			ı	Gain knowledge of strategies to	to include at least one nutrition		
	8. Hire a half time Community	All states for 7 intervention	ı	change local environment in	and one physical activity strategy		
	Coach for each intervention	communities only	ı	support of improved food and physical activity choices for 4-year	from the menu of evidence-based		
	community.		ı	olds.	programs;		
1	 Train Community Coaches and other key leaders of intervention 		ı	oids.	Work with community coach to		
1	communities on community		ı		create a plan for sustainability.		
	coaching to help them develop		ı				
1	intervention strategies, based on		ı				
	community assessment and to		1				
	help them identify appropriate		1				
	evidence-based programs to		1				
	implement (the second		l				
	community in each state will do		1				
	this without the coach)		1				
		ļ	1				



Assumptions

Communities are concerned about their rate of childhood obesity and believe that there is a need to lower the rate

Community coalitions can help improve the socio-ecological environment of low-income 4 year olds to decrease risk of obesity

External Factors

Other issues may arise in communities that may be of a critical nature and detract from the effort (e.g., natural disaster, economic downturns leading to the closing of plants or layoffs, flu epidemic, local school or political crisis or issue).

Leadership may change locally which could impact an effort.

Multi State AFRI Grant Contact: Carol Smathers Field Specialist and Assistant Professor

Bortsyl 12/19/12 - ISB

Successful Co-Parenting Logic Model

Vision and Purpose of the Successful Co-Parenting Program

To familiarize separating and divorcing parents with information and skills to mitigate the negative impact of separation and divorce on their children.

Investments

To achieve our purpose, we n eed. ..

 Trained Extension educators

· Updated CD,

- Parent Booklet. curri cul um. Instructor's Guide. evaluati on
- documents · Data entry, an al ysi s

Actions & Audience

Activities To achieve our purpose,

we will take the following actions...

- Teach Successful Co-Parenting classes
- Train Extension educators
- Assess objectives
- Update Parent Booklet, CD, curriculum, Instructor's Guide. evaluation docs.

Seek grant money

Participation To achieve our purpose, we will recruit...

- · Separating/divorci ng parent
- ...and we will involve...
- · Judges who will en courage or mandate parents to attend

Outcomes & Impact

Immediate

To determine whether we have achieved our purpose and objectives, we will assess the extent to which parents...

- · Increase knowledge of interpersonal behaviors that negatively affect child, relation ships
- In crease knowledge of communication skills and conflict avoidance strategies
- In crease knowledge of their own grief/loss In crease knowledge of

Long-term

To determine whether we have achieved our purpose, we will assess the extent of. ..

- Implementatio n of comm., conflict avoi dan ce
- Depressive symptoms of parents
- Externalizing, internalizing behaviors of

Community Impact To determine whether

we have achieved our purpose and objectives, we expect the program will ...

· Decrease the financial tell of divorce court proceedings on counties by reducing number of repeat divorces

Objectives

In the Successful Co-Parenting class, participants will learn...

- 1. That maintaining a healthy parent-child relationship through the divorce process is important to their child's development.
- About their own grief and loss during the divorce process and the importance of maintaining their own emotional health.
- 3. The importance of avoiding conflict with their co-parent.
- Strategies for avoiding conflict with their co-parent.
- 5. The importance of healthy communication with their child and their co-parent.
- Healthy communication skills.
- 7. The importance of creating a stable environment for their child.



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